Gretchen Retka

Lyric Mezzo Singer/Actor/Dancer

Email: gretchenretka@gmail.com Phone: 218-851-7556

Height: 5'10" Weight: 130 Eyes: Brown Hair: Black

Website: www.xochitlinnerg.com

Recordings/Live Music

Live solo performances (Indonesia, Hawaii, California, Minnesota, Africa) 2012-current

SHE Beats-Hope Medford Album Release Minneapolis, MN 2014
Recordings with Hope Medford (Purify Album) Hawaii 2013-2014
Medicine for the People Tour 2012

Teaching

Live in Artist Ukulele & Voice 2015 Hawaii
Sacred Voice Workshops Voice as Medicine 2012-2016 Hawaii

Full Theatre Productions: Acting

Rune (Fringe Production) Song 2016 Intermediate Arts Minneapolis One Billion Rising Dance/Poetry/Song 2013 Hawaiian Sanctuary, Hawaii Original Poetry/Classical Aria 2013 Akebono Theatre, Hawaii SHE Productions Seven: Vital Voices Annabella De Leon 2012 Chain Reaction Theatre Project 2011 Bryant Lake Bowl Theatre Box Office: A History First mate A Midsummer Night's Dream 2011 Minnesota Shakespeare Co. Helena A Memory, A Monologue, A Rant & A Prayer (Memory: Dear Ama) 2011 HE® Productions, MN As You Like It Hymen & Vocalist 2010 U of Minnesota Morris The Vagina Monologues The Woman Who Loved to Make Vaginas Happy 2010 UMM Blind Date Mimi (the mime) 2007 Central Lakes College The Man Who Came To Dinner 2006 Central Lakes College June

Opera Workshop Scenes: Singing/Acting

The Magic FluteThird Lady2010 Wesley-Balk Opera Twin CitiesThe Mother of Us AllAnne2010 Wesley-Balk Opera Twin Cities

On the TownEnsemble2009 UMMWest Side Story: TonightAnita & Ensemble roles2009 UMMWest Side Story: A Boy Like ThatAnita2009 UMM

Candide: Best of All Possible Worlds
West Side Story
Cunegonde
Anita
2009 UMM
2008 U of M Twin Cities

Dido and Aeneas Belinda 2008 UMN

Dance

Earthshake Dance Ensemble Dancer 2011-current Minneapolis, MN

Theatre: Technical

ArtHouse Manager2010 UMMAdventures in MatingHouse Manager2010 UMM

On-Camera/Voice Over

Polycom Training Modules Minneapolis, MN 2011 Touchpoint Consultants

Children's Storytelling/Yoga:

Youth YogaRadiant Life Minneapolis2016Children's Yoga after school programMorris, Minnesota2011New Horizons AcademyMinnesota2011Global Games: Funtime FunktionsMinnesota2012Trash to TreasureMinnesota2012

Select Training

University of Minnesota Morris, Bachelors in Music (Vocal Emphasis), Minor Theatre Arts (Performance Emphasis)

Central Lakes College Brainerd, Minnesota voice studies/physical acting training

Patrick Spradlin

Six years of vocal study in Classical, Opera, and Jazz

Dialects, Voice & Diction (French, German, Italian, English, Portuguese, Spanish, Guatemalan, Russian, Pakastani, Persian)

Melissa Hansen, UMM

Voice Study Teachers:

Sahar Hassan 08'-10' Private studies/St. Paul, MN

Ken Hodgson 08'-10' Private studies/Choir- University of Minnesota Morris

Rebecca Fadell 08' Private studies- University of Minnesota Twin Cities, Minnesota

Erin Schwab 07' Applied Voice McNally Smith College of Music

Judy Donaghy 07' Vocal Technique studies McNally Smith College of Music

Peggy Larson 07' Private studies- McNally Smith College of Music, St. Paul, Minnesota

Pam Harris 05'-07' Private studies- Central Lakes College

Michelle Sakry 05'-07' Applied Voice/Choir

Workshops & Master classes

Acting workshop

Zap Mama	Oakland, CA	2015			
Live in 2 months Zimbabwe (Mbira, Voice, Dance/Culture)	Zimbabwe, Africa	2015			
Dialect coaching for Seven	Foster 2012				
Vocal Master class	Dr. Brian Manternae	ch 2010			
NATS Vocal Competition	St. Johns University	2010			
Wesley Balk Opera-Music Theater Intensive Nautilus Theater Institute Augsburg College, MN 2010					
Classical Singer Convention Audition Feedback Experience	Times Square, NYC	2010			
Moment Work workshop with Tectonic Theater Project's developer	Leigh Fondakowski 2010	\mathbf{C}			

Thursday Morning Musical Vocal Competition

NATS Vocal Competition

Singing Master-class

Two Jazz Master-classes

2010

St. Johns University
2010

Romanza
2009

Debbie Duncan
2008

Roxanne Wellington

2010

Classical Singing Master-class with African American Singer of the Year 1986 *Phillip Mentor* 2007

Awards & Training

Professional Birth Doula (Training with to Labor)-2012
Irene Ryan Scholarship Nominee partner of Casey Trujillo 2011
Published Article in Classical Singer Magazine "Why I Sing" 2010
Outstanding Performance Award- Central Lakes College 2007

Dance (Middle Eastern Belly dance, Indian, precision, hip hop, circus, jazz, tap, ballet) 300+ hour CYT (Certified Yoga Teacher)

Accents (Italian, French, Southern, Spanish, Guatemalan, Puerto Rican, Persian, Russian, Pakastani) Languages studied: American Sign Language, Italian, some Hindi and French, Shona, Indonesian, learning Spanish

Instruments: Voice, Guitar, Piano, Ukulele, harmonica, Djembe drum